Washoe County School District Supplemental Family Guides to Learning At Home

Kindergarten

Activities to support your child with the standards



English Language Arts

- Read and discuss books with your child. Make this part of your daily routine, such as just before bedtime or right after a meal.
- After reading a story together, talk with your child about his/her favorite part, the characters, settings and main events. Share your own ideas, too. Ask questions about the story; have your child use parts of the story to explain his/her thinking using complete sentences.
- After reading a story together, have your child retell the story in their own words.
- Read nursery rhymes and sing songs (e.g., ABC song; Twinkle, Twinkle, Little Star or works from other cultures and heritages).
- Set-up a writing station at home where your child can write and draw.
 Provide paper, markers, crayons, and other materials to encourage writing and drawing.
- When reading with your child, discuss differences in punctuation (period, comma, exclamation point, question mark).
- Help your child find information and visual media on the Internet related to what they are learning in school.
- If you use social networking sites, consider creating collaborative posts with your child.

Mathematics

- Find different ways to count with your child. You can count aloud, count objects (toys, books, pennies, crackers, cereal) and ask your child questions that involve counting. For example, let your child count their snack (goldfish crackers, cheerios, raisins, etc.). Keep the snack less than 20 objects. Ask your child how many they counted. Have your child write the number.
- Read or sing stories that involve counting.
- Talk to your child about putting objects together or adding to by saving, "We have three red apples and three green apples. How

- many apples do we have?" or "You have two girl cousins and four boy cousins. How many cousins do you have?"
- Talk to your child about taking objects apart or taking from by saying, "Mom has seven tamales. She gave three to her friend. How many tamales does Mom have now?"
- Ask your child to classify toys by small, medium, and large. Explore
 the difference in weight between two toys. Classify the toys as
 smallest or largest.
- Take your child on a shape hunt around the house. Ask your child to find shapes on your daily drives or walks.
- Have your child set the table for dinner; counting the correct number of forks, glasses, plates etc.
- Encourage your child to use digital tools and apps that support development of mathematical concepts and skills.

Social Studies

- Describe the importance of working together to complete tasks.
- Identify occupations of people in his/her school and home.
- Practice using the home address and phone number (including area code).
- Discuss the changes of seasons and how people adapt to those changes (e.g., wearing a coat when it is cold, using an umbrella when it rains, etc.).
- Discuss how money is used.
- Practice trading objects or resources in the home (e.g., trading two cookies for one cupcake).
- Discuss individual choices that have pros and cons (e.g. choosing to watch television or read a book, choosing to ride a bike or play inside).
- Discuss traditional patriotic activities in the United States.

Science

- Encourage your child to observe, ask questions, experiment, locate information online, and seek their own understandings of natural and human-made phenomena around them.
- Experiment with the pushing and pulling of different objects of various weights.
- Make observations about motion: on a playground, in nature and other experiences.
- Grow a plant or a garden.
- Look at the daily weather (perhaps on the television or on a mobile phone app or website) when picking out what to wear to school, or to help you determine if you will be able to go out for recess.
- Have your child measure the growth of a plant each week and talk about effects of the sun, watering, etc.